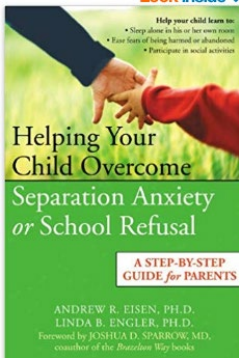


## Recommended Reading

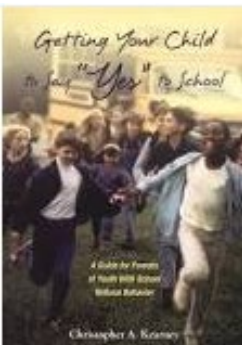
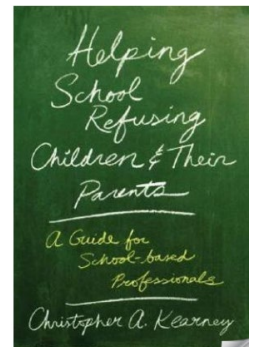


### Engler, E. **Helping Your Child Overcome Separation Anxiety or School Refusal: A Step-by-step Guide for Parents**

This book shows you how to identify when your child's separation anxiety or school refusal is more than just a phase and offers effective tools that you can use to manage your child's anxiety. Real-life stories about other children facing these challenges will help you keep your situation in perspective and remember that, with patience and persistence, your child will overcome his or her anxiety.

### Kearney, C.A. **Helping school refusing children and their parents: A guide for school-based professionals.**

Designed for guidance counsellors, teachers, principals and deans, school psychologists, school-based social workers, and other school professionals, this book outlines various strategies for helping children get back to school with less distress that can easily be implemented in schools.

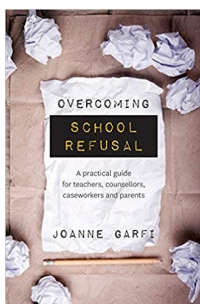
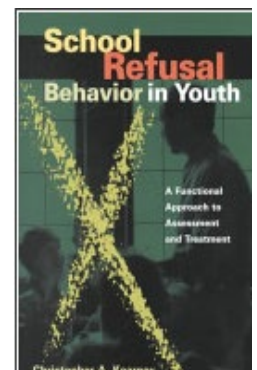


### Kearney, C.A. **Getting your child to say “yes” to school: A guide for parents of youth with school refusal behavior.**

Many parents find getting their child to school in the morning to be quite a challenge. If your child consistently pleads with you to let him stay home from school, if he skips school, if his morning routine is fraught with misbehaviors, or if he exhibits signs of distress and anxiety related to attending school, this book can help.

### Kearney, C.A. **School refusal behaviour in youth: A functional approach to assessment and treatment.**

Drawing on an extensive clinical database, the author carefully describes each of the functions served by school refusal behavior: avoidance of stimuli that provoke negative affectivity, escape from aversive social-evaluative situations, attention seeking, and tangible rewards.



### Overcoming School Refusal: A practical guide for teachers, counsellors, caseworkers and parents Joanne Garfi

School refusal affects up to 5% of children and is a complex and stressful issue for the child, their family and school. Psychologist Joanne Garfi spends most of her working life assisting parents, teachers, school counsellors, caseworkers, and community policing officers on how best to deal with school refusal.